Mill’s Harm Principle

1 The Principle

“The object of this Essay is to assert one very simple principle, as entitled
to govern absolutely the dealings of society with the individual in the way of
compulsion and control, whether the means used be physical force in the form
of legal penalties, or the moral coercion of public opinion. That principle is,
that the sole end for which mankind are warranted, individually or collectively,
in interfering with the liberty of action of any of their number, is self-protection.
That the only purpose for which power can be rightfully exercised over any
member of a civilized community, against his will, is to prevent harm to others.
His own good, either physical or moral, is not a sufficient warrant. He cannot
rightfully be compelled to do or forbear because it will be better for him to do
so, because it will make him happier, because, in the opinions of others, to
do so would be wise, or even right. These are good reasons for remonstrating
with him, or reasoning with him, or persuading him, or entreatning him, but
not for compelling him, or visiting him with any evil in case he do otherwise.
To justify that, the conduct from which it is desired to deter him, must be
calculated to produce evil to some one else. The only part of the conduct of any
one, for which he is amenable to society, is that which concerns others. In the
part which merely concerns himself, his independence is, of right, absolute.
Over himself, over his own body and mind, the individual is sovereign.” (On
Liberty [1859], ch. 1, par. 9)

“There are many who consider as an injury to themselves any conduct which
they have a distaste for, and resent it as an outrage to their feelings; as a
religious bigot, when charged with disregarding the religious feelings of others,
has been known to retort that they disregard his feelings, by persisting in their
abominable worship or creed. But there is no parity between the feeling of a
person for his own opinion, and the feeling of another who is offended at his
holding it; no more than between the desire of a thief to take a purse, and the

The Harm Principle

paternalism

moralism

self-regarding acts

offense
desire of the right owner to keep it. And a person’s taste is as much his own peculiar concern as his opinion or his purse.” (*On Liberty* ch. 4, par. 12.)

2 Which categories are most important?

1. Categories of behavior: purely self-regarding vs. harmful to others.

2. Categories of reasons for interference.
   a. Paternalism: protect the target of interference.
   b. Moralism: prevent behavior that is wrong, but not harmful.
   c. Repugnance: prevent offensive behavior.
   d. Harm principle: prevent harm to others.

3 Relationship to utilitarianism, according to Mill

“I forego any advantage which could be derived to my argument from the idea of abstract right, as a thing independent of utility. I regard utility as the ultimate appeal on all ethical questions; but it must be utility in the largest sense, grounded on the permanent interests of man as a progressive being. Those interests, I contend, authorize the subjection of individual spontaneity to external control, only in respect to those actions of each, which concern the interest of other people.” (*On Liberty* ch. 1, par. 11.)

4 What is utilitarianism?

“By the principle of utility is meant that principle which approves or disapproves of every action whatsoever, according to the tendency which it appears to have to augment or diminish the happiness of the party whose interest is in question: or, what is the same thing in other words, to promote or to oppose that happiness.”

1 *Bentham, Principles of Morals and Legislation*, (1789, revised 1823) ch. 1, §11.
“By Utilitarianism is here meant the ethical theory, that the conduct which, under any given circumstances, is objectively right, is that which will produce the greatest amount of happiness on the whole; that is, taking into account all whose happiness is affected by the conduct.”

5 What you would expect a utilitarian to say about liberty

the sole end for which mankind are warranted, individually or collectively, in interfering with the liberty of action of any of their number, is self-protection producing the greatest amount of happiness on the whole. That the only purpose for which power can be rightfully exercised over any member of a civilized community, against his will, is to prevent harm to others to produce the greatest amount of happiness on the whole.

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2 Sidgwick, *The Methods of Ethics* (1907), Bk. 4 Ch. 1 Sec. 1 Para. 2.